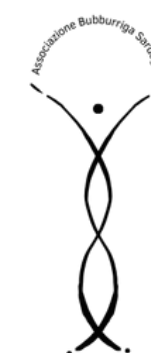




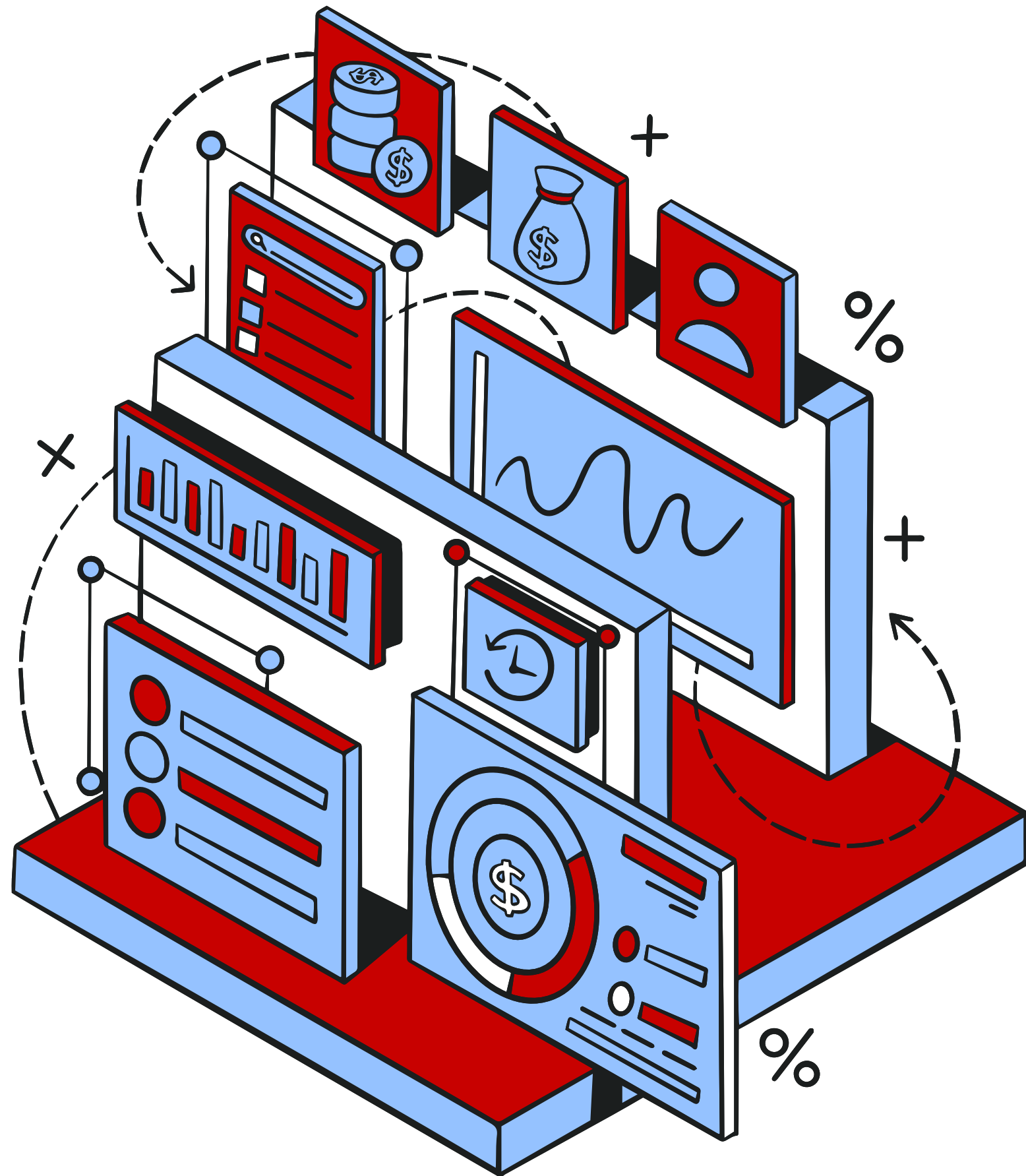
KICK-OFF MEETING REPORT

A project implemented by:
Artmonia Foundation - The Netherlands
Esiged - Turkey
Associazione Bubburiga - Italy



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THE PURPOSE OF THE EVALUATION

The evaluation questionnaire was conducted following the Art4Wellbeing Kick-off Meeting held in Rotterdam, Netherlands. The aim was to assess participants' experiences, gather feedback on the meeting process, evaluate the effectiveness of the methodologies used, and identify expectations and challenges for the next phases of the project.

PARTICIPANTS

7 participants completed the evaluation questionnaire.

Countries represented:

- Italy
- The Netherlands
- Türkiye

Participants who took part in the activity:

- Youth Workers
- Trainers
- Project coordinators
- Communication and dissemination Coordinators
- Representatives of partner organisations

METHODOLOGY

The evaluation was conducted through an online questionnaire distributed after the Kick-off Meeting.

The questionnaire included open-ended questions exploring:

- Overall experience
- Meaningful learning moments
- Collaboration among partners
- Organizational contributions
- Challenges and concerns
- Art-based learning experiences
- Confidence in project roles
- Expectations for future project phases



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Summary of results

Overall Satisfaction

Feedback demonstrates a very high level of satisfaction among participants.

Commonly used words included:

- valuable
- inspiring
- productive
- meaningful
- motivating
- collaborative
-

Participants highlighted the positive balance between project planning, relationship-building activities, and arts-based methodologies.





Building Trust and Partnership

One of the strongest outcomes of the Kick-off Meeting was the creation of meaningful relationships among partners.

Participants reported:

- stronger communication
- increased trust
- better understanding of each partner's strengths
- clearer alignment regarding project objectives.

Several respondents emphasized that spending several days together significantly strengthened the foundations for future cooperation.



Art as a Tool for Connection and Wellbeing



The activities delivered at CeyHil Art Studio emerged as the most impactful component of the meeting.

Participants frequently mentioned:

- photography exercises
- door and staircase activities
- collective painting
- collaborative visual creation
- movement-based activities.

These methodologies supported:

- self-expression
- reflection
- empathy
- dialogue
- collective learning.



Participants experienced firsthand how artistic methods can foster wellbeing and strengthen interpersonal connections.

Shared understanding of Project goals



The meeting successfully clarified:

- project objectives
- work packages
- responsibilities
- communication procedures
- dissemination activities.

Most participants reported feeling confident and motivated regarding their role within the partnership.

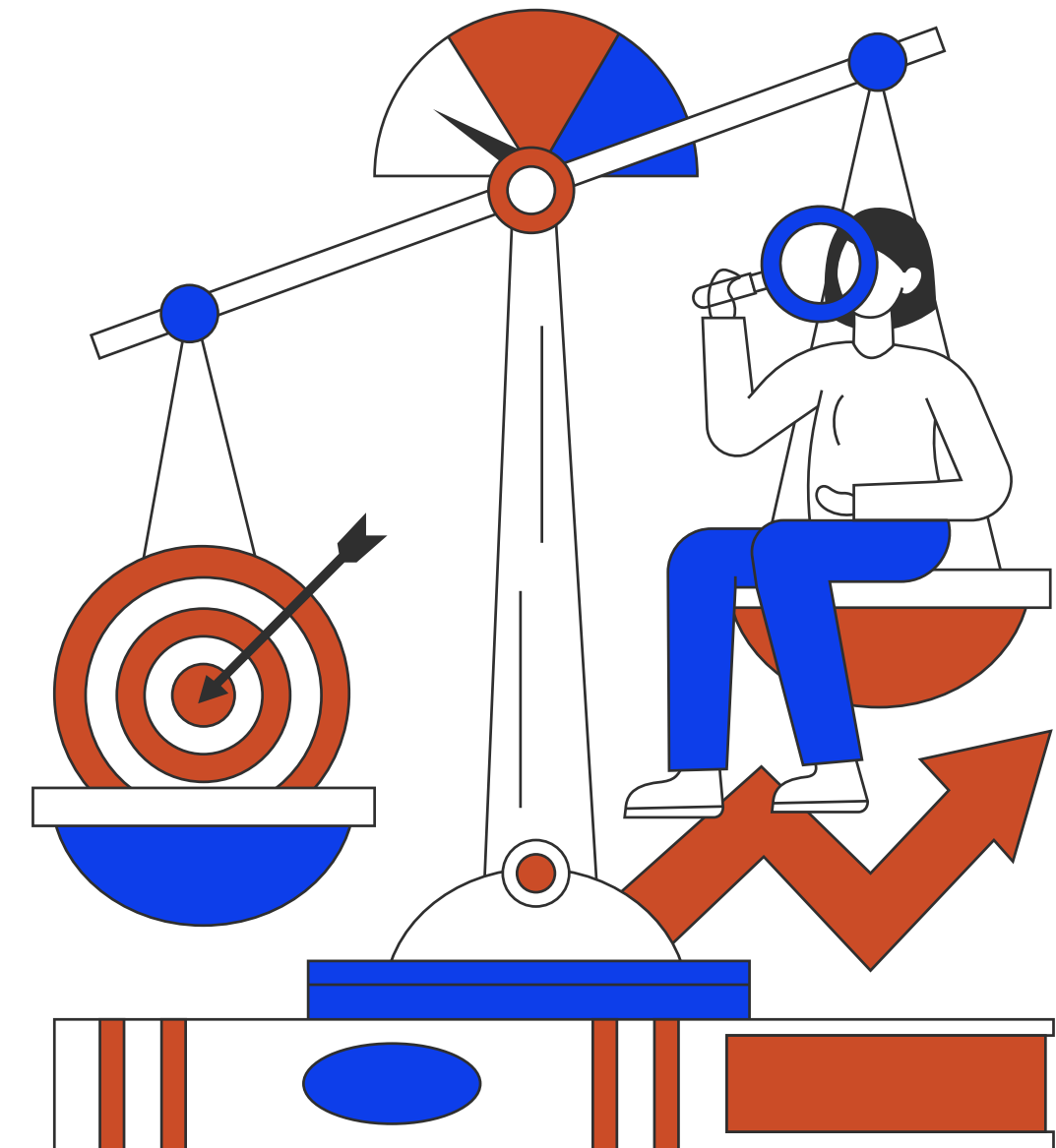


Strengths of the Partnership

Participants identified several strengths contributed by partner organisations:

- expertise in youth work
- dissemination and communication
- expressive arts methodologies
- community engagement
- educational networks
- international project management.

The diversity of expertise was perceived as one of the partnership's major assets.



Anticipated Challenges



Although feedback was overwhelmingly positive, participants identified some challenges:

Communication

Maintaining effective communication across countries and organisations over time.

Engagement

Ensuring continuous participation of youth workers and young people, particularly those facing social isolation or emotional challenges.

Sustainability

Ensuring long-term impact beyond the project's funded period.



What participants are looking forward to:



Participants expressed enthusiasm for:

- local workshops
- implementation activities
- development of the Digital Toolkit
- creation of the Handbook
- community exhibitions
- dissemination activities
- stronger connections among youth workers.



Conclusions

The **Art4Wellbeing Kick-off Meeting** successfully established a strong foundation for cooperation, trust, and shared ownership among project partners.

Participants reported high levels of satisfaction and highlighted the value of arts-based methodologies in promoting wellbeing, reflection, and meaningful collaboration. The meeting enabled partners to clarify project objectives, define responsibilities, and strengthen interpersonal relationships that will support the successful implementation of future project activities.

While maintaining communication and engagement across countries remains an ongoing challenge, the overall feedback demonstrates a strong commitment from all partners to work collaboratively towards the project's goals.

The evaluation confirms that the Kick-off Meeting achieved its objectives and created a positive starting point for the implementation of Art4Wellbeing.



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