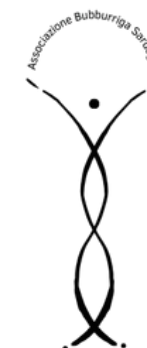




Art4Wellbeing

KICK-OFF MEETING STATISTICAL ANALYSIS

A project implemented by:
Artmonia Foundation - The Netherlands
Esiged - Turkey
Associazione Bubburiga - Italy



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OVERVIEW

A total of 7 participants completed the evaluation questionnaire following the **Art4Wellbeing Kick-off Meeting** in Rotterdam.

Respondents represented partner organizations from Italy, the Netherlands, and Türkiye, including youth workers, trainers, coordinators, and organizational representatives.



OVERALL EXPERIENCE OF THE KICK-OFF MEETING

All participants described the Kick-off Meeting as a positive and valuable experience.

Evaluation	Frequency	Percentage
Positive / Very Positive	7	100 %
Neutral	0	0 %
Negative	0	0 %



MOST FREQUENTLY MENTIONED THEMES

Participants unanimously described the meeting as inspiring, productive, meaningful, and well-organized. The opportunity to spend several days together was considered essential for building trust and establishing a strong foundation for future cooperation.

Theme	Frequency	Percentage
Collaboration and connection	7	100 %
Motivation and engagement	7	100 %
Clarity of project objectives	6	85.7%
Art-based and non-formal methodologies	6	85.7%

MOST MEANINGFUL ACTIVITIES AND DISCUSSIONS

Participants were asked to identify the most meaningful discussion, activity, or moment of the meeting.

Activity / Experience	Frequency	Percentage
Art Studio activities (photos, painting, doors and stairs exercises)	5	71.4%
Movement-based icebreakers and energizers	1	14.3%
Project planning and organizational sessions	1	14.3%

The Art Studio activities emerged as the most impactful component of the Kick-off Meeting, with nearly three-quarters of participants highlighting them as the most meaningful experience.

CONTRIBUTION TO COLLABORATION AND PARTNERSHIP BUILDING

Participants consistently reported that the meeting strengthened cooperation among partners. All respondents agreed that the meeting successfully strengthened communication and partnership relationships, creating a solid basis for long-term collaboration.

Aspect identified	Frequency	Percentage
Improved communication	7	100%
Stronger personal relationships	7	100%
Increased trust among partners	6	85.7%
Better understanding of roles and responsibilities	6	85.7%

PERCEIVED STRENGTHS OF THE PARTNERSHIP

Participants identified several important strengths within the consortium.

Strength	Frequency	Percentage
Art-based and non-formal education methodologies	6	85.7%
Youth work expertise	6	85.7%
Local community networks and educational partnerships	4	57.1%
Dissemination and communication capacities	3	42.9%

The partnership demonstrates a complementary combination of expertise in youth work, expressive arts, education, dissemination, and community engagement.

CHALLENGES AND CONCERNS FOR FUTURE PROJECT PHASES

Participants identified several challenges that may arise during project implementation.

Challenge	Frequency	Percentage
Communication among international partners	5	71.4%
Coordination and project management	4	57.1%
Reaching and engaging vulnerable young people	3	42.9%
Quality assurance and sustainability	2	28.6%

The most frequently mentioned concern relates to maintaining effective communication and coordination across partner countries throughout the project duration.



IMPACT OF ART-BASED ACTIVITIES ON WELLBEING AND COLLABORATION

Participants provided examples of how artistic activities supported wellbeing, connection, and teamwork.

Reported Benefit	Frequency	Percentage
Strengthened interpersonal connection	7	100%
Enhanced collaboration and teamwork	7	100%
Increased self-expression	6	85.7%
Improved emotional wellbeing	5	71.4%
Greater empathy and active listening	4	57.1%



CONFIDENCE IN ROLES AND RESPONSIBILITIES

Participants were asked how confident they felt about their role after the meeting.

Level of Confidence	Frequency	Percentage
Highly confident	6	85.7%
Moderately confident	1	14.3%
Low confidence	0	0%

The Kick-off Meeting successfully clarified responsibilities, project expectations, and work package roles, resulting in a high level of participant confidence.

EXPECTATIONS FOR THE NEXT STAGE OF THE PROJECT

Participants expressed enthusiasm for future project activities. el of participant confidence.

Expectation	Frequency	Percentage
Implementation of local activities and workshops	5	71.4%
Continued collaboration among partners	5	71.4%
Dissemination and community impact	4	57.1%
Development of the Digital Toolkit and Handbook	3	42.9%
Engagement of youth workers and young people	5	71.4%

SUMMARY OF RESULTS



The evaluation results indicate an exceptionally positive assessment of the Art4Wellbeing Kick-off Meeting.

Key findings include:

- 100% of participants reported a positive overall experience.
- 100% stated that the meeting strengthened communication and collaboration among partners.
- 71.4% identified the Art Studio activities as the most meaningful component of the programme.
- 85.7% reported feeling highly confident about their role and responsibilities.
- 71.4% identified international communication and coordination as the primary future challenge.
- 100% recognized the value of art-based methodologies in promoting connection, wellbeing, and collaboration.
- 100% expressed motivation and optimism regarding the next phases of the project.



Overall, the Kick-off Meeting successfully achieved its objectives by establishing strong partnerships, clarifying project goals and responsibilities, and fostering a shared commitment to the successful implementation of Art4Wellbeing.

Participants highlighted the positive balance between project planning, relationship-building activities, and arts-based methodologies.



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