



Art4Wellbeing

Art for Well-being,
Inclusion & Empowerment

ART4WELL-BEING MONITORING & EVALUATION FRAMEWORK

Erasmus+ KA210-YOU Project (2026–2027)



Co-funded by
the European Union

Erasmus+

Enriching lives, opening minds.



PARTNERS



Stichting Artmonia

Netherlands (Coordinator)



ESİGED

Eskişehir Social Innovation and
Development Association

Türkiye



Associazione Culturale
Bubburriga

Italy



Art4Wellbeing

(Project Logo)

PROJECT OBJECTIVES



01

Strengthen youth workers' competences in art-based mental well-being methods.



02

Support the emotional well-being and social inclusion of young people, especially those with fewer opportunities.



03

Develop and disseminate practical resources for sustainable use by youth organisations.



KEY PERFORMANCE INDICATORS

INDICATOR	TARGET
Youth Workers Trained	12
Young People Reached	100
Marginalised Youth Included	40+
Pilot Workshops Implemented	12
National Sharing Events	3
Stakeholders Reached	150+
Online Toolkit Users	500+
External Organisations Reached	20+



MONITORING TOOLS

BEFORE ACTIVITIES



Baseline Survey



Needs Analysis



Participant Registration

DURING ACTIVITIES



Observation Checklists



Reflection Journals



Workshop Feedback Forms



Monthly Partner Meetings



Quarterly Progress Reports

AFTER ACTIVITIES



Post-Training Survey



Youthpass Reflection



Case Studies



Validation Report



Dissemination Analytics

OUTPUT EVALUATION



ART4WELL-BEING HANDBOOK

✓ 10+ Art-Based Exercises



DIGITAL TOOLKIT

- ✓ 10 Lesson Plans
- ✓ 5 Educational Videos
- ✓ 10 Templates & Activity Sheets
- ✓ 3 Expert Interviews

SUCCESS CRITERIA



YOUTH WORKERS

- ✓ 90% use at least one new art-based method within 3 months
- ✓ Increased confidence in supporting youth mental well-being
- ✓ Positive Youthpass self-assessment results



YOUNG PEOPLE

- ✓ Improved emotional expression
- ✓ Increased participation and engagement
- ✓ Positive well-being feedback
- ✓ Stronger social inclusion outcomes



SUSTAINABILITY INDICATORS



Handbook & Toolkit publicly available (Open Access)



Shared with 20+ organisations



Minimum 500 online users



Continued use by partner organisations after project completion

EVALUATION CYCLE



Needs Analysis



Baseline Survey



Training & Pilot Activities



Monitoring & Feedback



Final Evaluation



Validation & Dissemination



Sustainability Follow-up



Through art, we empower youth, enhance well-being and build inclusive communities.



www.art4wellbeing.eu
@Art4Wellbeing

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